



Goal Setting for 2022

Hi Neighborhood leaders,

Now is a great time to set neighborhood goals for this year and see if there are any projects your community might be interested in organizing. If one of your personal goals this year was to focus on your physical wellness, check out the *Move Into Wellness* featured section in this month's newsletter. As you prepare and look ahead keep these events in mind:

March

Neighborhood Matching Grant Released
Neighborhood Matching Grant Workshop
Annual Review Deadline

April

Art Walk on Union
Spring Litter Sweep
Neighborhood Matching Grant Deadline
Earth Day events
Bunny Run 5K and Festival

May

NASCAR Races

June

Art Walk on Union
Juneteenth Events

July

Streetlight 5K and Festival

August

National Night Out

September

Fall Litter Sweep

October

International Festival
Candy Crawl

November

Christmas Tree Lighting
Christmas Parade
Veterans Salute 5K/10K

A gently reminder that Annual Reviews are due for all Recognized Neighborhoods by March 31st in order to remain active in our Neighborhood Program.

Happy planning!
Katherine

Congratulations to Parkview Estates 1st Prize Winners of the Winter Litter Sweep Competition □



Parkview Estates HOA had 8 volunteers and dedicated a total of 16 volunteer hours to our Winter Litter Sweep. Their team canvassed portions of Highway 49 and Central Heights Road and will be awarded \$200 for earning first place for the Winter Litter Sweep. Thank you for all your hard work team!

Interested in joining the next Litter Sweep competition? Start gathering your team for Spring Litter Sweep scheduled for April 16 - 30. If you have any questions, call 704-920-5298.

Move Into Wellness

Looking for ways to stay incorporate physical wellness into your life? Our Parks and Recreation Department has adult fitness classes that will get your body moving. Classes are available to all our residents year round. See what they have to offer!

Rooted Yoga

Ages 18 & up. Yoga class focusing on building a healthier, stronger body to maintain your way of life. Class is tailored to the needs and abilities of those present.

David Phillips Activity Center, 946 Burrage Rd.
Monday & Wednesday /10:00 AM - 11:00 AM

Fee: \$3 per class; \$10 or four Mondays; \$10 for four Wednesdays

Pilates

Ages 18 & up. Improve your core strength, flexibility and balance while building strength. Workout incorporates bands, weights and fitness balls, combining yoga techniques.



David Phillips Activity Center, 946 Burrage Rd.
Tuesday 6:00 PM - 7 PM
Fee: \$5 per class or register for six weeks, \$25
City Resident; \$30 Non-Resident

Pickleball

Ages 30 & up. Join your friends for one of the fastest growing sports! Pickleball is a combination of badminton, tennis and table tennis. Pre-registration is required. Offered Jan 3 - May 27

Monday, Wednesday, Friday /9:00 AM - 3:00 PM
No Fee

Zumba

Ages 18 & up. A mixture of low and high-intensity moves for an interval-style, calorie-burning, dance fitness party! Sweat to the musical stylings of Latin and world grooves during this dynamic fitness experience which combines fast and slow rhythms to tone and sculpt the body!

Logan Multi-Purpose Center
Tuesday, Thursday / 7:00- 8:00 PM
Saturday / 10:30- 11:30 AM
Fee: \$3 per class



Couch to 5K programs

This 10 week group training and exercise program does not require any running experience. It is designed to encourage, motivate and challenge the individual to compete with his/her peers. The final goal is to run the one of our three annual street races

Dorton Park, 5790 Poplar Tent Rd
Tuesday and Thursday: 6:30-7:30PM

Fee: \$15



See a full list of Park & Rec's classes and activities

**Bonus feature for all Cabarrus
County Seniors:**

Join the 2022 Senior Games. The Senior Games encourage older adults to be more active, learn new skills, make/renew friendships, renew old talents, live better and healthier lives, and have fun.

Anyone age 50 and older by December 31, 2022 can participate in the competition, which is open to all skill levels. The games are sanctioned by North Carolina Senior Games, Inc., and sponsored statewide by the North Carolina Division of Aging and Adult Services.

Athletic events include pickleball, walking, bowling, cornhole, swimming, track and field events, basketball shooting, tennis, cycling, croquet, football throw, and softball.

CABARRUS SENIOR GAMES MARCH 15-MAY 6, 2022

\$23

Registration is February 1 - March 14

SAVE \$5 WITH EARLY BIRD DISCOUNT UNTIL MARCH 1



PLEASE CALL 704-920-3484
FOR MORE INFORMATION



Learn more and register for the 2022 Senior Games

New & Noteworthy

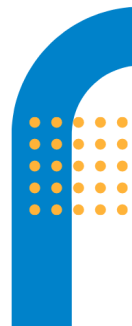
Unique Opportunity for Local Artists Available

**CALLING
ALL ARTISTS**

The Consultants leading a Public Art Master Plan for the City of Concord are looking for a local artist or cultural producer to join their team as an Artist Facilitator

amina@amewafineart.com

Email resume, website, or social media link to apply



The Consultants leading the City of Concord's first Public Art Master Plan are seeking a local artist or cultural producer to join their team as an Artist Facilitator. The Artist Facilitator will work with city staff, members of the Public Art Advisory Committee, and the city's public art consultants to facilitate community outreach activities and collaborate in the development of the master plan. Local artists and cultural producers are encouraged to apply.

View the [**full description of the role here**](#). To apply email amina@amewafineart.com with your resume, website, or social media link.

[View the full role description](#)

Local artists who live or work in Concord are also invited to meet with the consultants leading the Public Art Master Plan for the City of Concord next Thursday, Feb 24 from 4 pm to 6pm at Cabarrus Brewing Company (325 McGill Ave NW). This is an opportunity to learn about the Master Plan process, hear about the open Artist Facilitator opportunity, and share thoughts on what the Plan should consider for the artist community.

Help Concord Win an NCDOT Mobi Award



We have two great projects in the running for an NCDOT Mobi Award. Help us bring home the Most Valued/Voted Award! Vote daily online for our projects and encourage your friends and family to do the same! *Voting ends February 25th.*

[Vote for Hector H. Henry Greenway - Riverwalk](#)

[Vote for Spring Street Mini Roundabout Teardrop](#)

Black History Month Video Series



CELEBRATING AFRICAN AMERICAN HISTORY MONTH



Warren C. Coleman

During the month of February, Team Concord worked with various community partners to create videos that are shared every Wednesday on our city's social media outlets. Each video recognizes some of the major contributions of African Americans to the City of Concord and the spaces they created that paved the way for others.

Watch the videos above and learn more about the history of the African American community of Concord.

[Explore more videos from the City of Concord](#)

Follow us!

